

## USD 409 Atchison Public Schools August 2017 Breakfast Menu

Children who eat breakfast regularly perform better in the classroom and on the playground, with better concentration, problem-solving skills, and eye-hand coordination.

Monday	Tuesday	Wednesday	Thursday	Friday
8/14/17	8/15/17	8/16/17	8/17/17	8/18/17
	WG French Toast Sticks OR Cereal & WG Toast Apple Wedges Fruit Cocktail	Whole Grain Biscuit Sausage Pattie OR Cereal & WG Toast Juice Grapefruit	Egg Pattie OR Dry Cereal Cinnamon OR Plain Toast Mango Apricots	Banana Bread OR Cereal & WG Toast Strawberries Additional Fruit
8/21/17	8/22/17	8/23/17	8/24/17	8/25/17
Whole Grain Breakfast Round OR Cereal & WG Toast Juice Mandarin Oranges	WG Waffles OR Cereal & WG Toast Blueberries Tropical Fruit	Whole Grain Biscuit Chicken Pattie OR Cereal & WG Toast Grapefruit Applesauce	Sausage Pattie Or Dry Cereal Cinnamon OR Plain Toast Kiwi Pineapple	WG Cinnamon Roll OR Cereal & WG Toast Apple Wedges Additional Fruit
8/28/17	8/29/17	8/30/17	8/31/17	9/1/17
Whole Grain Pizza OR Cereal & WG Toast Pears Grapes	WG French Toast Sticks OR Cereal & WG Toast Apple Wedges Raisins	Whole Grain Biscuit Egg Pattie OR Cereal & WG Toast Juice Grapefruit	Ham Or Dry Cereal Cinnamon OR Plain Toast Cantaloupe Peaches	Yogurt & Granola OR Cereal & WG Toast Strawberries Additional Fruit

A Carton of milk is included with each meal.

This institution is an equal opportunity provider and employer.