

USD 409 Atchison Public Schools November 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		11/1/17	11/2/17	11/3/17
		Chicken Fried Steak Mashed Potatoes Gravy, Green Beans Whole Grain Roll Honey Dew Peaches	Whole Grain Pizza Romaine Lettuce Cauliflower Blueberries Apricots	National sandwich Day (your choice) Sandwich Toppings Beans Mango Additional Fruit
11/6/17	11/7/17	11/8/17	11/9/17	11/10/17
Taco Meat Shredded Cheese Tortilla Chips Romaine Lettuce Tomatoes, Salsa Refried Beans Pineapple, Kiwi	Chicken Nuggets Baby Carrots Cucumbers Hot Vegetable Grapes Applesauce	Whole Grain Corndog Tater Tots Beans Honey Dew Peaches	Hamburger Whole Grain Bun Romaine Lettuce Tomato, Sliced Pickle Green Beans Pears, Orange Half	Toasted Cheese Sandwich Tomato Soup Corn Apple Wedges Additional Fruit
11/13/17	11/14/17	11/15/17	11/16/17	11/17/17
Meatballs Whole Grain Bun Marinara Sauce Romaine Lettuce Orange Half Pears	Tenderloin Or Sloppy Joe Whole Grain Bun Tomato, Coleslaw Hot Beans Tropical Fruit Watermelon	Whole Grain Pizza Romaine Lettuce Cucumbers Banana Fruit Cocktail	Turkey Mashed Potatoes & Gravy Glazed Carrots Whole Grain Roll Dried Cranberries Apple Wedges	Make a Wrap WG Tortilla Shell Chicken or Ham or Beef Shredded Cheese, Beans Salad Greens, Tomato Avocado, Peaches Additional Fruit
11/20/17	11/21/17	11/22/17	11/23/17	11/24/17
Whole Grain Burrito Refried Beans Salsa, Corn Apple Wedges Tropical Fruit	Rib Pattie or BBQ Beef Whole Grain Bun Vegetable Choices Two Fruits	No School	No School	No School
11/27/17	11/28/17	11/29/17	11/30/17	12/1/17
Shrimp Poppers Cheese Stick Roasted Cauliflower Green Beans Pineapple Mango	Chicken Pattie Whole Grain Bun Lettuce, Pickle Slices Tomato, Peas Grapes Apricots	Hot Dog Whole Grain Bun Chili Beans Confetti Fries Cantaloupe Applesauce	Salisbury Steak Mashed Potatoes Gravy, Broccoli Whole Grain Roll Kiwi Tropical Fruit	Whole Grain Pizza Romaine Lettuce Red Peppers, Beans Cherry Crisp Additional Fruit

A Carton of milk is included with each meal. This institution is an equal opportunity provider and employer.