

# USD 409 Atchison Public Schools October 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
10/1/18	10/2/18	10/3/18	10/4/18	10/5/18
Chicken Nuggets Beans Corn Baby Carrots Kiwi Apricots	Whole Grain Pizza Romaine Lettuce Cucumbers Orange Wedges Fruit Cocktail	Chicken Fried Steak Mashed Potatoes Gravy, Broccoli Whole Grain Roll Cantaloupe, Pears	Rib Pattie or BBQ Beef Whole Grain Bun Red Pepper Strips Coleslaw, Beans Applesauce Banana	Fun Fish Carrots Vegetable Choices Mandarin Oranges Additional Fruit
10/8/18	10/9/18	10/10/18	10/11/18	10/12/18
Tenderloin Whole Grain Bun Tomato, Lettuce Corn, Beans Watermelon Apricots	Hamburger Whole Grain Bun Romaine Lettuce Sliced Pickle Peas Pears, Orange Half	Toasted Cheese Sandwich Tomato Soup Celery Baby Carrots Honey Dew Applesauce	Whole Grain Pizza Romaine Lettuce Red Peppers Beans Two Fruit Choices	NO SCHOOL
10/15/18	10/16/18	10/17/18	10/18/18	10/19/18
 <b>NATIONAL SCHOOL LUNCH WEEK</b> ♥👉 LOTS TO LOVE 👈♥				
NO SCHOOL	Chicken Pattie Whole Grain Bun Pickle Slices Lettuce, Tomato Cooked Carrots Blueberries Apricots	Salisbury Steak Mashed Potatoes Gravy, Celery Whole Grain Roll Kiwi Tropical Fruit	Whole Grain Corndog Tater Tots Beans Honey Dew Peaches	Taco Meat Shredded Cheese Tortilla Shell OR Chips Romaine Lettuce Tomatoes, Salsa Refried Beans Pears, Additional Fruit
10/22/18	10/23/18	10/24/18	10/25/18	10/26/18
Cheesy Chicken Bake Green Beans Corn Baby Carrots Strawberries Fruit Cocktail	Meatballs Whole Grain Bun Marinara Sauce Romaine Lettuce Dried Cranberries Orange Half	Hot Dog Whole Grain Bun Chili Beans, Sauerkraut Confetti Fries Cantaloupe Applesauce	Sloppy Joe Meat Whole Grain Bun Sliced Pickles, Beans Mixed Vegetables Banana Mandarin Oranges	Shrimp Poppers Cheese Stick Roasted Cauliflower Coleslaw Pineapple Additional Fruit
10/29/18	10/30/18	10/31/18	11/1/18	11/2/18
Meat Sauce Spaghetti Romaine Salad Grapes Pears	Whole Grain Burrito Refried Beans Salsa, Corn Peaches Tropical Fruit	Halloween Chicken Nuggets French Fries Green Beans Apple Wedges	Whole Grain Pizza Romaine Lettuce Cauliflower Blueberries Apricots	Sandwich Choice Lettuce, Tomato Pickle, Beans Mango Additional Fruit

A Carton of milk is included with each meal.

This institution is an equal opportunity provider.