

USD 409 Atchison High School January 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/1/18	1/2/18	1/3/18	1/4/18	1/5/18
No School	Tenderloin OR Sloppy Joe Whole Grain Bun Tater Tots Tropical Fruit Honey Dew	Whole Grain Pizza Corn Grapes Peaches	Meat Sauce Or Chicken Alfredo Spaghetti Kiwi Dried Cranberries	Taco Meat OR Fajita Chicken Shredded Cheese Tortilla Shell Salsa, Refried Beans Two Fruit Choices
1/8/18	1/9/18	1/10/18	1/11/18	1/12/18
Chicken Nuggets OR Hot Sandwich Pineapple Apple Wedges	Whole Grain Corndog OR Burrito Pickle Spears Mixed Vegetables Watermelon Apricots	Chicken Fried Steak OR Salisbury Steak Mashed Potatoes Gravy, Broccoli Whole Grain Roll Cantaloupe, Pears	Rib Pattie or BBQ Beef Whole Grain Bun Red Pepper Strips Coleslaw, Beans Peaches Banana	Fun Fish OR Hot Sandwich Corn, Green Beans Mandarin Oranges Additional Fruit
1/15/18	1/16/18	1/17/18	1/18/18	1/19/18
No School	Chicken Pattie Breaded OR Grilled Whole Grain Bun Pickle Slices Grapes Applesauce	Whole Grain Pizza Banana Cherry Crisp	Tigger Salisbury Steak OR Chicken Fried Steak Piglet Potatoes&Gravy Pooh's Roll w/Honey Eeyore's Kiwi Owl's Tropical Fruit	Toasted Cheese Sandwich OR Shrimp Poppers Diced Egg, Croutons Tomato Soup Apple Wedges Additional Fruit
1/22/18	1/23/18	1/24/18	1/25/18	1/26/18
Cheesy Chicken Bake OR Goulash Green Beans Apple Wedges Fruit Cocktail	Meatballs OR Rib Pattie Whole Grain Bun Marinara Sauce Dried Cranberries Orange Half	Hot Dog OR BBQ Beef Whole Grain Bun Chili Beans Confetti Fries Cantaloupe Applesauce	Sloppy Joe Meat OR Hot Sandwich Whole Grain Bun Sliced Pickles, Beans Mixed Vegetables Mango Mandarin Oranges	Shrimp Poppers OR Crispito Cheese Stick Roasted Cauliflower Pineapple Additional Fruit
1/29/18	1/30/18	1/31/18	2/1/18	2/2/18
Hamburger OR Cheeseburger Whole Grain Bun Sliced Pickle Hot Beans Pears, Cantaloupe	Whole Grain Burrito OR Corndog Refried Beans Salsa, Corn Apple Wedges Tropical Fruit	Chicken Fried Steak OR Turkey Mashed Potatoes Gravy Whole Grain Roll Honey Dew Peaches	Whole Grain Pizza Blueberries Apricots	Tenderloin OR Chicken Pattie Whole Grain Bun Peas Orange Wedges Additional Fruit

A salad bar is available with all meals. A choice of protein and cheese in place of an entrée' is available daily.

A Carton of milk is included with each meal. This institution is an equal opportunity provider and employer.

