

USD 409 Atchison High School February 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/29/18	1/30/18	1/31/18	2/1/18	2/2/18
Hamburger OR Cheeseburger Whole Grain Bun Romaine Lettuce Sliced Pickle Tomatoes, Beans Cantaloupe, Pears	Whole Grain Burrito OR Corndog Refried Beans Salsa, Corn Apple Wedges Tropical Fruit	Chicken Fried Steak OR Turkey Mashed Potatoes Gravy, Green Beans Whole Grain Roll Honey Dew, Peaches	Whole Grain Pizza Blueberries Apricots	Tenderloin OR Chicken Pattie Whole Grain Bun Peas Orange Wedges Additional Fruit
2/5/18	2/6/18	2/7/18	2/8/18	2/9/18
Chicken Nuggets OR Hot Sandwich Apple Wedges Pineapple	Whole Grain Corndog OR Burrito Pickle Spears Mixed Vegetables Orange Wedges Apricots	Rib Pattie or BBQ Beef Whole Grain Bun Baby Carrots Coleslaw, Beans Cantaloupe Pears	Meat Sauce OR Chicken Alfredo Spaghetti Corn Banana Peaches	Fun Fish OR Hot Sandwich French Fries Tropical Fruit Additional Fruit
2/12/18	2/13/18	2/14/18	2/15/18	2/16/18
Chicken Pattie Breaded OR Grilled Whole Grain Bun Pickle Slices Grapes Cherry Crisp	Whole Grain Pizza Kiwi Applesauce	Chicken Fried Steak OR Salisbury Steak Mashed Potatoes, Gravy Whole Grain Roll Orange Wedges Tropical Fruit	Toasted Cheese Sandwich OR Shrimp Poppers Tomato Soup Banana Additional Fruit	No School
2/19/18	2/20/18	2/21/18	2/22/18	2/23/18
No School	Tenderloin OR Hot Sandwich Whole Grain Bun Grapes Warm Cinnamon Apples	Hot Dog OR BBQ Beef Whole Grain Bun Chili Beans Sweet Potato Fries Honeydew Mandarin Oranges	Chicken Fried Steak OR Salisbury Steak Mashed Potatoes, Gravy Steamed Broccoli Whole Grain Hot Roll Kiwi Dried Cranberries	Taco Meat OR Fajita Chicken Shredded Cheese WG Tortilla Shell Salsa, Refried Beans Two Fruit Choices
2/26/18	2/27/18	2/28/18	3/1/18	3/2/18
Cheesy Chicken Bake Or Goulash Corn Apple Wedges Fruit Cocktail	Meatballs OR Rib Pattie Whole Grain Bun Marinara Sauce Roasted Potatoes Fresh Pineapple Dried Cranberries	Whole Grain Pizza Mixed Berries Applesauce	Sloppy Joe Meat OR other Sandwich Chose Whole Grain Bun Sliced Pickles, Beans Honey Dew Mandarin Oranges	Shrimp Poppers OR Crispito Cheese Stick Roasted Cauliflower Clementine Additional Fruit

A salad bar is available with all meals. A choice of protein and cheese in place of an entrée' is available daily.

A Carton of milk is included with each meal. This institution is an equal opportunity provider and employer.

