

USD 409 Atchison High School September 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9/4/17	9/5/17	9/6/17	9/7/17	9/8/17
NO SCHOOL	Taco Meat OR Chicken Fajita Shredded Cheese WG Tortilla Shell Black Beans, Salsa Mandarin Oranges Dried Cranberries	Pizza Red Pepper Strips Cucumbers Mixed Vegetables Apple Wedges Pears	Rib Pattie or BBQ Beef Whole Grain Bun Corn Sirarchi Beans Mandarin Oranges Strawberries	Chicken Fried Steak OR Salisbury Steak Mashed Potatoes Gravy, Broccoli Whole Grain Roll Peaches Additional Fruit
9/11/17	9/12/17	9/13/17	9/14/17	9/15/17
Chicken Nuggets OR Fish Shapes Beans Coleslaw Watermelon Applesauce	Tenderloin OR Cheeseburger Whole Grain Bun Sliced Pickle Green Beans Raisins, Orange Half	Whole Grain Corndog OR Chicken Strips Tater Tots Beans Honey Dew Peaches	Meat Sauce OR Chicken Alfredo Spaghetti Grapes Pineapple	Toasted Cheese Sandwich OR Enchilada Tomato Soup Apple Wedges Additional Fruit
9/18/17	9/19/17	9/20/17	9/21/17	9/22/17
Pizza Salad Bar Peaches Strawberries	Breaded or Grilled Chicken Pattie Whole Grain Bun Pickle Slices Blueberries Apricots	Chicken Fried Steak OR Salisbury Steak Mashed Potatoes Gravy, Oatmeal Roll Kiwi Tropical Fruit	Taco Meat OR Chicken Fajita Shredded Cheese Tortilla Shell OR Chips Salsa, Refried Beans Banana, Pears	Shrimp Poppers & Cheese Stick OR Burrito Peas, Salsa Pineapple Additional Fruit
9/25/17	9/26/17	9/27/17	9/28/17	9/29/17
Cheesy Chicken Bake OR Goulash Corn Apple Wedges Fruit Cocktail	Meatballs OR Shredded Beef Whole Grain Bun Marinara Sauce Dried Cranberries Mandarin Oranges	Hot Dog OR Rib Pattie Whole Grain Bun Chili Beans French Fries Cantaloupe Applesauce	Tenderloin OR Hamburger Whole Grain Bun Beans Roasted Cauliflower Pineapple Additional Fruit	NO SCHOOL

A salad bar is available with all meals. A choice of protein and cheese in place of an entrée' is available daily.

A Carton of milk is included with each meal.

This institution is an equal opportunity provider and employer.