



A HEALTHY LIVING PARTNERSHIP

USD 409/ YMCA of Greater Kansas City

When you join the Y, you become part of a charitable organization committed to strengthening our community. We are here for you, for your family, for your community, with facilities and programs to help you live a better life.

The Corporate Members benefits include:

- Waived Joiners fee and no contract
- Reduced rates \$35 Individual Membership and \$49 Family Membership
- First month free membership
- \$200 coupon to apply toward Y programs such as swim lessons, sports and many more
- On-site health seminars, blood pressure measurements, diabetes prevention assessments
- Access to 14 YMCA locations in Kansas City and thousands nation wide
- Free Fitness Consultation and other individual programs
- Free 6 fitness coaching sessions through our Coaching Connection program (up to \$450 value),
- Free Y Weight Loss wellness program (8 weeks, valued at \$200)
- Free Unlimited group exercise and water fitness classes
- Discounted "member only" rates on many programs
- Free Kids Zone for ages 12 weeks to 8 years

For more information, contact Lorin Affield, Executive Director, at lorinaffield@KansasCityYMCA.org or 913-367-4948.

OUR MISSION

The YMCA of Greater Kansas City, founded on Christian principles, is a charitable organization with an inclusive environment committed to enriching the quality of family, spiritual, social, mental and physical well-being. A UNITED WAY AGENCY